



COMITATO ITALIANO
SCIENZE MOTORIE

RISK AN EARLY DEATH, JUST DO NOTHING

9 out of 10 kids risk growing up to have unhealthy amounts of fat in their bodies. Even if you think they look healthy today, adulthood could bring an early death from heart disease, Type 2 diabetes or cancer.

So make sure your kids are active for an hour a day. Reduce how much fat they eat. For help and advice visit 4yourkids.org.uk



2009



2019

PER RISCHIARE UNA MORTE PRECOCE, BASTA NON FARE NULLA

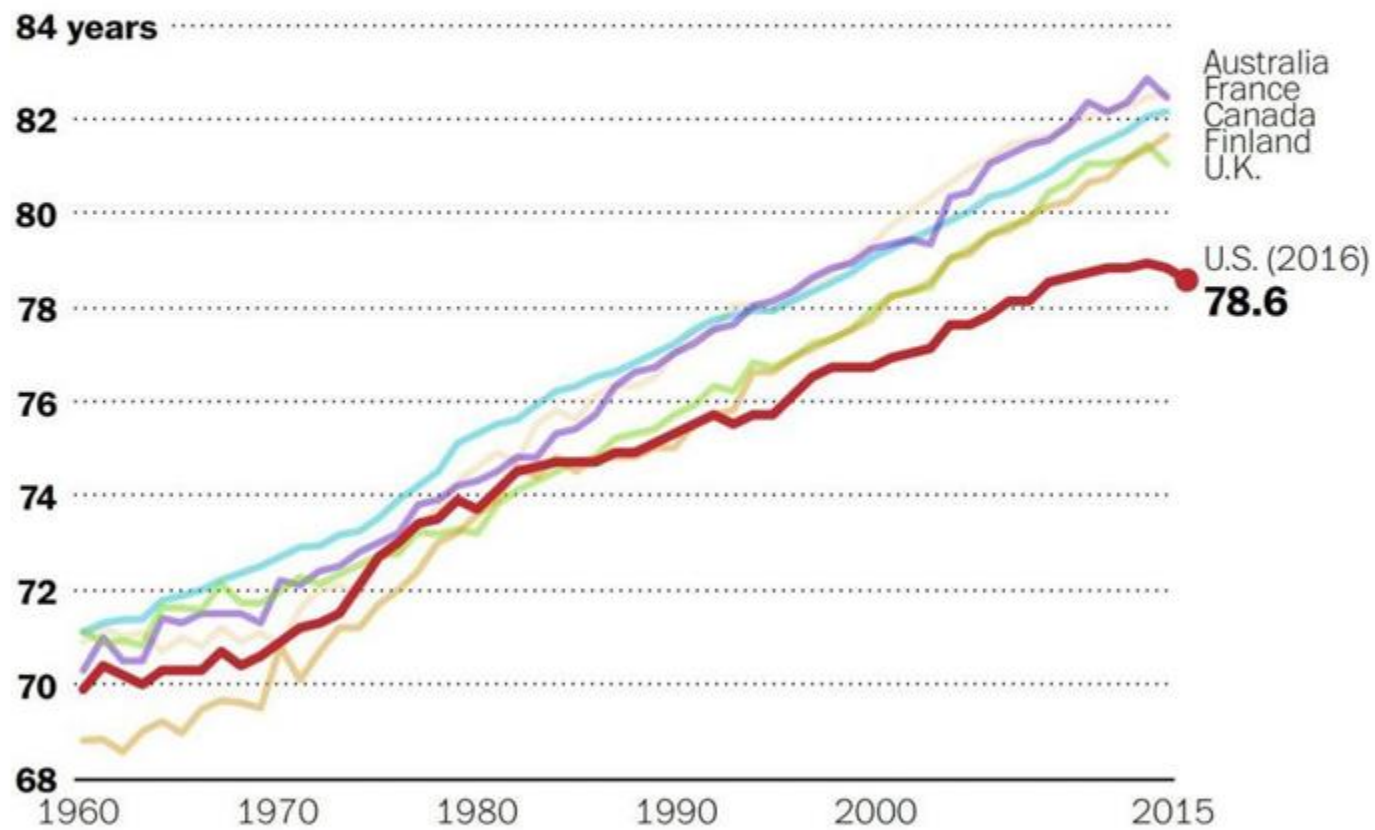


CANCER RESEARCH UK



in support of the **Change4Life** movement

Life expectancy at birth, selected OECD countries



**I NOSTRI NIPOTI
VIVRANNO MENO
DEI NOSTRI FIGLI**



**LA SALUTE PASSA
PER LO SPORT
ED IL TEMPO E' FINITO.**



COMITATO ITALIANO
SCIENZE MOTORIE



PERFORMANCE



+ COMPETENZA

**LAUREATO
IN SCIENZE
MOTORIE**



+ PASSIONE



**DA ORA,
IN POI.**

+ SALUTE



Grazie, davvero.

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